

# WILD BLUEBERRY PANCAKE

## Instructions

- 1 cup mix
- 1 egg, beaten
- 3/4 cup milk
- 2 T. Melted butter (optional)
- 1/4 t. salt (optional)

Ingredients: Unbleached flour, corn flour, sugar, dried buttermilk, dried blueberries, baking powder

ALLERGEN: Wheat, dairy

*Preheat griddle to 350 degrees. Mix ingredients gently to desired consistency.*

*Adjust milk for thicker or thinner pancakes. Spoon onto griddle. Flip when full of bubbles. Makes 10 fluffy and delicious pancakes.*

**Willow Creek Mill**

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## Nutritional Information

Serving Size: 2 4 inch pancakes  
Total servings per container 10

Amount per serving  
Calories 190 Calories from Fat 5

		% Daily Value
Total Fat	1g	1%
Sat. Fat	0g	0%
Trans Fat	0g	
Cholesterol	5mg	1%
Sodium	40mg	3%
Total Carb.	41g	14%
Sugars	9g	
Dietary Fiber	1g	4%
Protein	6g	

Vit. A 0%    Vitamin C 0%

Calcium 30%    Iron 4%

*Packaged on equipment with dairy, dried eggs, nuts, & wheat ingredients*